

**RCI RealTime Learning & Training:**  
***Personal Excellence & Development Fast-track 1***



**10 Powerful & Proven Lessons**

**Track your progress: Check the box when finished.**

- Lesson 1: Intro: Communication Style Assessment & eBook
- Lesson 2-SSL Blog: 5 Mindset Tips About the Success of Champions
- Lesson 3-Video: How to Set and Achieve Your Goals
- Lesson 4-Assessment: The Listening Checklist
- Lesson 5-Video: How to Believe in Yourself
- Lesson 6-SSL Blog: How to Transform Positive Thinking into Positive Living
- Lesson 7-SSL Blog: 4 Powerful Approaches to Turn Failure into Success
- Lesson 8-Video: 7 Habits of Highly Effective Employees
- Lesson 9-SSL Blog: 13 Career Warning Signs Which Lead to Mistakes and Misery
- Lesson 10-eBook: The Extraordinary Employee Roadmap eBook



## **Personal Excellence & Development Fast-Track 1: Notes**

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- Lesson 1: Communication Style Assessment and eBook**
  
- Lesson 2: 5 Mindset Tips about the Success of Champions**
  
  
  
  
  
- Lesson 3: How to Set and Achieve Your Goals**
  
  
  
  
  
- Lesson 4: The Listening Checklist**
  
  
  
  
  
- Lesson 5: How to Believe in Yourself**

## **Personal Excellence & Development**

### **Fast-Track 1: Notes**

- Lesson 6: How to Transform Positive Thinking into Positive Living**
  
- Lesson 7: 4 Powerful Approaches to Turn Failure into Success**
  
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- Lesson 9: 13 Career Warning Signs Which Lead to Mistakes and Misery**
  
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*“Dream it, believe it, act on it, achieve it.” Rick Conlow*